

Hinduism Question Assignment #2

Read Pages 129 - 140

1. Is there a standard ritual or practice that all Hindus take part in?
2. What is the meaning of 'om', and how is it used? Draw the symbol 'Om'.
3. What happens in the Puja ceremony. What is the purpose of the Puja?
4. Traditionally, the Hindu home is the center of religious learning and practices. What is the reason for temples then? How do you think the Hindu temple become more important in countries like Canada, which have a smaller Hindu population?
5. How does the cow become a sacred animal in Hinduism?
6. Yoga is a great way to stretch and exercise for most westerners. What does the real practice and purpose of Yoga include, as used by the Hindu Swami?
7. Most Hindus would like to take a pilgrimage to the city of Varanasi, in the same way that Christians and Jews would think of Jerusalem. Why is this place considered a holy city in Hinduism?
8. The Swastika is also an important symbol in Hinduism. What does it stand for and how would you know that it was the Hindu version compared to the one taken by the Nazis?
9. Festivals are important times to celebrate your beliefs with others who follow your religion. List four of the Hindu festivals described in the text. When do they happen and what do they celebrate?